DaVinci Center For Community Progress
470 CHARLES STREET
PROVIDENCE, RI 02904

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DATES TO REMEMBER:

August
August 6th, Presentation - "Summer Stuff"
August 7th, Galilee Trip
August 11th, Holiday Victory Day - Center Closed
August 13th, Ice Cream Social
August 13th, Metcalf Court Day
August 14th, Nutrition Bingo
August 27th, Candidates Day
August 30th, Mayors Day

September
September 1st, Labor Day Holiday - Center Closed
September 3rd, Candidates Day
September 3rd, Grandparents Celebration
September 9th, Primary Election
September 16th, Annual Golf Tournament
September 17th, U.S. Postal Service Presentation
September 25th, Jaswel Farm
September 27th, Cranston Senior Games

THE DaVINCI CENTER FOR COMMUNITY PROGRESS

Labor Day

August & September
2014

470 Charles Street Providence, RI 02904 PHONE: 272-7474

Nutrition Bingo? What's that? If you want to find out join us on Thursday August 14th at 1:00 p.m. when the University of Rhode Island Senior Nutrition Assistance. Program will have some fun with you playing nutrition Bingo. Come join us -- it's real Bingo with "delicious" Prizes. It's free.

Metcalf Court Day

Let's welcome our friends who live at Metcalf Courts on Veazie St. to our meal program on Wednesday, August 13th. Many of our guests will be at our meal program for the first time to try our delicious food and to make new friends. We will be gracious hosts and hostesses who will encourage our visitors to return. Bingo will follow the meal as usual. For dessert Berkshire Place chef will provide an ice cream social.

Waterfire

People come from miles to witness the mesmerizing glow of fire that light up the canal that flow thru the City of Providence to the tune of classical music. The atmosphere of street vendors selling nuts, gourmet pastries, and other goods are a sight to behold. If you want to join the fun the schedule is as follows; Saturday August 9th*, Saturday August 23rd*, Saturday September 4th, Saturday September 19th, Saturday October 11th*. Asterisk (*) indicates full lighting while the other are lit in the Basin area only across from the Providence Place Mall.

Enjoy the spectacle!

2014 Cranston Senior Games

Presented by CVS CAREMARK

Saturday, September 27, 2014
Opening Ceremonies 9:00 a.m.
Cranston High School West
80 Metropolitan Ave, Cranston RI

Everyone 55 Years and Older is invited to participate
Games Registration Fee: $15.00
Golf Fee: $60.00

Seniors competing with Seniors

Activities include:

Billiards, Bocce, Bowling, Basketball free throw
Golf, Swimming, Mind Games, Field Events, 3 on 3 Basketball,
Horseshoes, Softball Throw, Cycling, Baggo, Obstacle Course

Register at Cranston Senior Enrichment Center
1070 Cranston St, Cranston, RI 02920
or call 780-6000 for more details and have a form mailed to you.
You can register on-line: www.cranstonri.net

Special Announcements

Voting Day

Vote! Vote! Vote!

It is so important that you vote in order to select the candidate of your choice who you think will serve us best. Voting is a privilege. A privilege that people in many countries do not have. Those who live under dictatorships are so envious of you who live in a democracy and can choose persons who will govern you. Don't take it for granted get out and vote.

There are two upcoming elections. One is the Primary Election which will be held on Tuesday, September 9th. The second is the General Election which will be held on Tuesday, November 4th. In order to vote in the elections you must be registered to vote.

Voter Registration

If you have already registered to vote you don't need to register again unless you have changed residency. To register you only need to go to your Board of Canvasses Office in City Hall or Town Hall with proper identification and proof of residency. In order to vote in an election you must have registered at least 30 days prior to that election. If you have questions you may call 421-7740 in Providence. You may ask for a registration form to be mailed to you if you are unable to get to your local Board of Canvasses or you may get a representative on line on your computer.

If you have any questions regarding voter registration or if you need more information call RI State Board of Elections 222-2345, The Secretary of State's Election Division 222-2346 or call your local Board of Canvasses in your city of Town.
In Providence call 421-7740.

Ice Cream Social

On Wed., August 13th Berkshire Place Chef and Public Relations staff will be here at our regular noon meal to offer you a special Ice Cream Social Dessert.

They will provide several flavors of ice cream topped with your favorite fruits, and syrups. How about some pineapple, or strawberries or blueberries? Would you also like some chocolate or caramel syrup? How about whipped cream with a cherry, hmmm. We gain weight just reading about it, put aside the diet for a day (only if your doctor say its okay) and indulge. Give your taste buds a treat!

Presentation

Summer Stuff That Happens

On Wednesday, August 6th at 11:30 a pharmacist from Walgreens Pharmacy will be here to talk about all the "stuff" that happens during the summer months. Sunburn, insect bites, poison ivy, heat rash are some of things that occur to some. Hopefully you are not one of those who experience these malady's, but if you do, or if a member of your family experiences them come to listen to how to treat them.

Steps to Prevent Elder Abuse

1.) Learn the Signs of Elder Abuse & Neglect
2.) Call or visit an elderly loved one and ask how he or she is doing.
3.) Provide a respite break for a caregiver
4.) Ask your bank manager to train tellers on how to detect elder financial abuse.
5.) Ask your doctor to ask you and all other senior patients about possible family violence in their lives.
6.) Contact your local Adult Protective Services at 462-3000 to learn how to support their work helping at-risk elders and adults with disabilities.
7.) Ask your religious congregation's leader to give a talk about elder abuse at a service or to put a message about elder abuse in their bulletin
8.) Volunteer to be a friendly visitor to a nursing home resident or to a homebound senior in your neighborhood.
9.) Join the Ageless Alliance, which connects people of all ages, nationwide, who stand united for the dignity of older adults and for the elimination of elder abuse. You can join (it's free!) and get involved at Agelessalliance.org.
10.) RI Attorney General's Office has an elder abuse unit, call 274-4400, ext.2383

Find local resources for Seniors, People with Disabilities, & Caregivers!
Call the ElderCare Locator at 1-800-677-1116
Or visit www.eldercare.gov
For more information on elder abuse prevention,
Please visit www.ncea.aoa.gov or www.centeronelderabuse.org

TRIPS

GALILEE TRIP

Thursday, August 7
Bus leaves center at 9:30am, returns at 4:00pm
The Port of Galilee is a beautiful and authentic New England fishing village in Narragansett in South County, RI. It is known for its beautiful beaches, sightseeing, shopping, dining, and fishing!
Please join us for a relaxing day of sightseeing in Galilee! Choose from the Village's many restaurants for lunch. The bus will leave the center at 10:00am and return at 3:30pm. Call today to make your reservation!
Cost of the trip is $5.00, lunch will be on your own!

MAYORS DAY IN THE PARK

Mayors Day will be Saturday, August 30th from 10:00 - 1:30
The event will be held in Roger Williams Botanical Garden Tent.
Food will be provided as well as some goodies!
The City of Providence will provide transportation from the Davinci Center.
Make your reservation by calling the Davinci Center at 272-7474

JASWEL FARM + PLEASANT VIEW RESTAURANT

Thursday, September 25th
What is better on a beautiful Fall day than to take a ride in the country, have a delicious meal and proceed to the Jaswel Farm where you can purchase or even pick your own fresh fruits and vegetables. The apples will be ripe for picking. You may even watch them make fresh squeezed cider. We are going to do all this on Thursday, September 25th, when we leave the center at 11:00, proceed to Pleasant View Diner for lunch where they serve generous portions of fresh cooked breakfasts and lunch, We will then proceed to Jaswel Farm. We will return approximately 3:00. Cost of trip is $5.00. Lunch is on your own. Come get out of the City and breathe some pure country air.

PRESENTATION

U.S. Postal Service
On Wednesday, September 17th, a member of the U.S. Postal Inspection Service will be here to speak about Lottery, Sweepstake, and other mail scams designed to fraud the elderly. Be sure to join us for this interesting presentation - it could save you money.

Classes

Art Class – This popular class taught by expert artist Ron Reeves has grown in popularity. Even if you never picked up a paint brush and pallet you are welcome. You will be surprised at what you will accomplish in one class. You don't believe it? Try us. Class meets every Tuesday 1:00PM-4:00PM. All painting is acrylic on canvas. All art supplies are provided. Classes are free!

Computer Class – Our computer classes for beginner and intermediate levels will start up in October. Join these classes which will teach you to E-Mail your grandchildren gather information on any subject, or even shop from the comfort of home. Call 272-7474 to register.
Classes require $20 book fee.

DaVinci Center Annual Golf Tournament

When? Tuesday, September 16th 9:00AM Tee Off
Where? Agawam- Hunt Country Club, East Providence
Who? Men + Woman Welcome- Competition in Both Categories
Cost? $130 per Golfer, includes Green Fees, Electric Cart, Energizing Breakfast, Delicious Lunch, Prizes, Gifts, Competitions.

If you wish to buy a Tee Ad 17" x 11"
The cost is $100.
Corporate Sponsors certainly welcome!!
For Registration or Information call
Bob Fuoroli, Event Chairman 474-0650
John DeLuca DaVinci Center 272-7474

Take a day off from the hustle and bustle and enjoy the pristine environment of one of the most prestigious golf courses in the country.

See you there

Grandparents Day Celebration

Live Music with Susan McLoad

Grandparents Day is officially celebrated on Sunday, September 7th this year. In anticipation, we will have Grandparents Celebration on Wednesday, September 3rd at our regular noon meal with the fabulous music of Susan McLoad the one person orchestra who will get you dancing in the aisles. It will also be a Candidates Day on September 3rd. Come and join all the fun and activity especially as we honor grandparents whose unconditional love of grandchildren is so consoling to children of all ages. The guidance and wisdom of grandparents is such a treasure to all of us who have been blessed with grandparents in our lives and to all who are now experiencing that special gift of grandparents.

Festa Italiana:

An Italian Holiday of Recipes and Culture

is a DaVinci Center publication which just published its Third Edition. This wonderful collection of old world recipes gathered from our senior citizens of the early years of the DaVinci Center are now on sale for $10.00 at the Center. They come in either spiral binding or staple binding. Get one for personal use or as a wonderful gift.

Meal Calendar goes here

Meal News

We ask that you do the following:

1 Call in your reservation at least 24 hours ahead of time. If at all possible, give us your reservations for the whole week ahead.

2 Tell us your choice on the menu of regular meal or sandwich.

3 Inform us as to whether or not you would like transportation.

4 Please call in your cancellations also since we do not want to have waste and also because we may be able to accommodate a person on the waiting list for the meal on that day.

God Bless Our Seniors!