#### **DaVinci Center For Community Progress**

470 CHARLES STREET PROVIDENCE, RI 02904

ADDRESS SERVICE REQUESTED

Non-Profit Organization U.S. POSTAGE PAID Providence, RI 02904 Permit No. 481

#### **Dates to Remember:**

#### **February**

Monday, February 2 - Groundhog Day!
Wednesday, February 11- Valentine's Day Celebration
Saturday, February 14 - Valentine's Day!
Monday, February 16 - President's Day - Center Closed
Tuesday, February 17- Mardi Gras
Wednesday, February 18- Ash Wednesday
Thursday, February 19- RI Spring Flower and Garden Show

Wednesday, February 25- Age Related Macular Degeneration

#### March

Wednesday, March 4- Alzheimer's Series Begins
Sunday, March 8- Daylight Savings
Wednesday, March 11- Sleep Disorders
Tuesday, March 17- St. Patrick's Day!
Wednesday, March 18- S. Patrick's & St. Joseph's Day Celebration
Thursday, March 19- St. Joseph's Day!
Friday, March 20- Spring begins
Wednesday, March 25- Spring Fling
Thursday, March 26- Wright's Chicken Farm and Wright's Dairy Farm
Sunday, March 29- Palm Sunday

**Art Classes** - Every Tuesday **Italian Classes** - Every Wednesday





Volume 43 Nos. 2 & 3



# February & March





Happy St. Joseph's Day

470 Charles Street Providence, RI 02904

PHONE: 272-7474

# **Trips**

# Wright's Chicken Farm and Wright's Dairy Farm Thursday, March 26, 2015

This is no trip for weight watchers- in fact you may gain weight just reading this description. On Thursday, March, 26 we will travel to Wright's Chicken Farm in Harrisville, RI where you will be treated to all you can eat tender chicken that falls off the bone, delectable vegetable salad with Wright's homemade dressing, lusciously light tasty French fries, macaroni shells cooked "Al Dente" dripping with fresh marinara tomato sauce, ice cream, and beverage. Then we will stop off at Wright's Dairy Farm in Smithfield where you can actually watch them milk the cows if we get there at milking time. Best of all you can purchase fresh milk, ice cream, and diary products as well as their famous pastry loaded with yellow or white cream. Cost of entire trip which includes Wright's farms dinner and transportation is \$19.00.

Sign up soon!





#### The Rhode Island Spring Flower & Garden Show Thursday, February 19, 2015

Leave winter far behind and look at the beautiful real gardens planted at RI Convention Center on Thursday, February, 19. You don't need a backyard to grown vegetables and flowers. There will be demonstrations on how to plant them in pots in your own apartment. Its fun! For those of you who do have a yard to plant, come and get some great advice and ideas from experts. For those not interested in planting, just come to enjoy the show. Cost of trip only \$5.00 for transportation. We have a limited number of free admissions to the show but only for those who come with us on the bus. Sign up by calling the center at 272-7474 or come in-we will be glad to see you.

# Mardi Grovs



#### Tuesday, February 17, 2015

In New Orleans, USA, its pronounced Mardi Gras, in Venice, Italy it is called Carnevale, and in Rio de Janeiro its is Carnival. The Tuesday before Ash Wednesday, the day that Lent begins, is a celebration around the world. It is the day when Christians eat, drink, dance and make merry. At the stroke of midnight festivities come to an abrupt halt it is now Ash Wednesday which is a period of fasting and prayer known as Lent. We will celebrate Mardi Gras, Carnival, or Fat Tuesday here at the Da Vinci Center on Tuesday, February 17 at 12 noon with great food, like music, and fun. Please join the celebration.

Just a friendly reminder of upcoming dates.

Palm Sunday is March 29, 2015. Good Friday is April 3, 2015.

The Center will be open a half day.



Don't worry about your winter blues because Spring will be here March 20th!



© Can Stock Photo - csp15712755

## President's Day

"It's not doing what is right that's hard for a president. It's knowing what is right".- Lyndon Johnson Let's honor each of them who served us to the best of their ability on

Monday, February 17, 2015. The Center will also be Closed.

## **Celebrations**

#### Valentine's Day Celebration! Wednesday, February 11,2015

On Wednesday, February 11, 2015 come join us as we celebrate St. Valentine's Day which will take place later in the week. By popular demand Susan McCleod, one woman orchestra, will fill the room with the sounds of her magic accordion which sounds like many instruments in the band. In addition to all that, personnel from Berkshire Place will offer us a delicious "Ice Cream Social" for dessert. What a day! Don't miss it. Call in your reservation at least 24 hours in advance. See you there!



#### St. Patrick's and St. Joseph's Day Celebration Wednesday, March 18, 2015

Come celebrate the feast days of St. Patrick, the patron saint of Ireland and of St. Joseph, the patron saint of Italy on Wednesday, March 18 at 12 noon when we listen to the live music of Don Anthony who will play your favorite Irish and Italian songs for you to sing alone with. Don't forget, we will

have Zeppole for dessert. Join the festivities.

#### **Facts about St. Patrick**

- St. Patrick did not actually drive snakes out of Ireland; the snakes represent the pagans that he converted to Christianity.
- The very first St. Patrick's Day parade was not in Ireland. It was in Boston in 1737.
- St. Patrick used the shamrock to preach about the trinity.



#### Facts about St. Joseph

• St. Joseph's day is an important feast day for those of Italian descent and he is the patron saint of Italy.

#### Ice Cream Social Wednesday, February, 11, 2015

Once again our friends and neighbors at Berkshire Place will visit us on Wednesday, February, 11, 2015 with their chef to offer us an "Ice Cream Social" for dessert. The dessert consists of a custom made ice cream sundae with fruit, nuts, syrup, whipped cream, multi flavored ice creams and everything else that goes with it. Whoops!... We almost forgot the cherry on top. Its all free and its part of our Valentine Celebration



# **Spring Fling** Wednesday, March 25, 2015

On Friday, March 20 Spring officially begins. We are celebrating in on Wednesday, March 25 at the noon meal with great food and live music. Help us celebrate the season of life and hope.



Starting March 8th, 2015 you'll be moving your clocks ahead for Daylight Savings!



#### Our Easter Celebration and Easter Bonnet Contest

We look forward to our Easter Celebration on **Wednesday, April 8.** Get out your Easter Bonnets Ladies!

Gents get out those ole'straw hats- we are going to have a contest. More about this in the next newsletter.



Meal Calendar goes here

#### **Meal News**

We ask that you do the following:

- 1 Call in your reservation at least 24 hours ahead of time. If at all possible, give us your reservations for the whole week ahead.
- 2 Tell us your choice on the menu of regular meal or sandwich.
- 3 Inform us as to whether or not you would like transportation.
- 4 Please call in your cancellations also since we do not want to have waste and also because we may be able to



God Bless Our Seniors!

Happy Valentine's Day!
Happy St. Patrick's
Day!
Happy St. Joseph's Day!





## Lectures

# Age Related Macular Degeneration Wednesday, February 25, 2015

Come join us and learn about AMD at 11:30 a.m. AMD is a chronic disease of the eye that causes a gradual loss of central vision and is the leading cause of several vision loss in people over the age of 50. Learn about prevention, risk factors, and treatment of the 2 forms of AMD- Wet AMD and Dry AMD.





#### Sleep Disorders Wednesday, March 11, 2015

How are you sleeping? Did you know 20-40% of adults suffer from insomnia over the course of a year. Recognize what can cause sleep disorders and learn how to successfully treat them.

## Information about heating GET HEAT!

Low-Income Home Energy Assistance (LIHEAP)

LIHEAP pays heating and cooling bills and some energy-related home repairs. Call CAPP 273-2000

	Yearly Income	1 Month Income
1	\$27,951	\$2,329
2	\$36,551	\$3,046

Additional Emergency Numbers:

**The Salvation Army Good Neighbor Energy Fund** offers onetime grants for heating assistance to Low-Income Families that do not qualify for LIHEAP (401-490-0240).

Keep the Heat On!-Catholic Diocese of RI, (401-421-7833).



Every **Wednesday from 4:00p.m. to 5:00p.m.** Instructor Joseph Giampaoli will teach Italian for beginners, including conversation, cultural notes, and some entertaining anecdotes from his many years of traveling and living in Italy. It's Free! Come on in!



#### Fun Fact about Italy!

No other country in Europe has as many volcanoes as Italy. This is because the Italian peninsula stands on a fault line. The three major volcanoes (Etna, Stromboli, and Vesuvius) have erupted in the last hundred years.

#### **Free Art Classes for Beginners**

The art class taught by Ron Reeves , an accomplished painter, has been a great success. Those who never picked up a brush are creating beauty they never dreamed they could accomplish. Join them as we continue the classes on Tuesday afternoons. Please call **272-7474** and reserve your place.



#### **Fun Fact about Art!**

The first pencil was invented in England in 1565!



## **Alzheimer's Association Presents "Getting Started" Education Series**

Family members, caregivers and friends of persons with Alzheimer's Disease or a related memory disorder are invited to this four-part series to learn, discuss and prepare. You will meet others who share similar concerns and experiences. There is no cost to attend but pre-registration is required. Call 1-800-272-3900 to reserve a seat. RSVP by February 27, 2015.

Part 1: Memory Loss, Dementia and Alzheimer's Disease Wednesday, March 4, 2015 6:30-8:00 p.m.

Part 2: Understanding Challenging Behaviors & Communication Skills Wednesday, March 11, 2015 6:30-8:00 p.m.

Part 3: Legal and Financial Considerations of Alzheimer's Disease with Macrina Hjerpe, Esq

Wednesday, March 18, 205 6:30-8:00 p.m.

Part 4: Caregiver Wellness Program

Wednesday, March 25, 2015 6:30-8:00 p.m.

#### All sessions held at EPOCH Assisted Living 353 Blackstone Blvd. Providence, RI 02906

For Directions: Call 401-273-6565

If there are questions call Alzheimer's Association at 1-800-272-3900 or email at www.ALZ.org/RI

Special Thanks to Alzheimer's Association and the EPOCH



#### **Income Tax Filing**

During the months of February, March, and April, 2015 on Mondays from 9:00-2:15 p.m. an AARP representative will be at the Da Vinci Center to assist with your income tax. Please call the Da Vinci Center at 272-7474 to set up an appointment.

This service is free.

February	March	April
02-02-2015	03-02-2015	04-06-2015
02-09-2015	03-09-2015	04-13-2015
02-23-2015	03-16-2015	
	03-23-2015	

### *Information*

#### A note from RI Division of Elderly Affairs

RIPAE Membership Expiration Date Extended Please be informed that eligibility for the RI Pharmaceutical Assistance to the Elderly Program (RIPAE) has not expired, regardless of the 2011 expiration date shown on the membership card. In the future, the RI Division of Elderly Affairs may issue an updated card, however, until that time the current card is active, indefinitely.

If you have any question, please feel free to contact the Division of Elderly Affairs at 462-3000 or Kim Timpson, Human Services Policy & Systems Specialist, at 401-462-0560 or email her at kim.timpson@dea.ri.gov



#### Property Tax Relief

If you are a homeowner or a renter who lives in a privately owned housing that is subject to property taxes or rent you may be eligible for a rebate from the State of Rhode Island Property Tax Relief Program. In order to determine if you are eligible for a rebate, you may obtain an application form 1040H from the RI Division of Taxation by phoning 222-1111 or you may call the center at 272 -7474 where we may provide and assist you with filling out your form. Claims may be filed until April 15, 2015.

# **Do You Have Problems Being Alone to Access Parts of Your Home?**

Ocean State Center for Independent Living is looking for adults with disabilities who need help to address barriers to independence and safety in their homes. Individuals with limited income who own their homes may be eligible for *minor home modifications* such as ramps, straight stair lifts, handrails, threshold transitions, widening of doorways, grab bars, and tub modifications at no cost to them.

To qualify for this program, you must:
Have documented disability,
Live in own home or family owned home,
Have limited income-guidelines available upon request, and
Cannot be eligible for funding from Veteran Administration,
Medicad, etc.

For more information: Ocean State Center for Independent Living 401-738-1013 x13 or log onto www.OSCIL.org
Or call Linda at the Da Vinci Center