

DaVinci Center For Community Progress
470 CHARLES STREET
PROVIDENCE, RI 02904

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Dates to Remember:

April

Friday, April 1st, - Walking Club Begins - 9:30 a.m.
Wednesday, April 6th - Voter ID Drive - 11 a.m. - 2 p.m.
Wednesday, April 13th - Tawny Solmerez from CODAC -Let's Talk "Gambling" 11:30 a.m.
Thursday, April 14th - Senior Trip to Warwick Mall-Senior Living Expo-10 a.m. to 3 p.m.
Friday, April 15th - AARP Drivers Safety Class - 9a.m. to 3:00 p.m.
Wednesday, April 20th - RI VET Corps-Lou Stanziale- 11:30 a.m.
Friday, April 22nd - Passover Begins
Tuesday, April 26th - Presidential Primary - Don't Forget to Vote! 7 a.m. - 8 p.m.

May

Wednesday, May 4th - Mothers Day Celebration - 12:00 p.m.
Thursday, May 5th- Cinco de Mayo Celebration - 12:00 p.m.
Sunday, May 8 - Happy Mothers Day !
Wednesday, May 11 - Protecting Seniors from Fraud -Dept. of the Attorney General-11:30
Thursday, May 19th - Cracker Barrel & Wrentham Village Premium Outlets - 10:30 a.m.
Wednesday, May 25 - Nonagenarian Celebration - 12:00 p.m.
Monday, May 30- Memorial Day - Center closed

**THE
DaVINCI
CENTER**
FOR COMMUNITY
PROGRESS



**APRIL
& MAY
2016**

God bless

*our men and
women in service*

Have a safe Memorial Day Weekend!

Trips

Senior Living Expo, Warwick Mall, Warwick RI

Thursday, April 14 , 2016

Bus leaves at 10:00a.m.

This wonderful one day event is for older adults and caregivers! There will be giveaways and product samples for you to take with you as well as plenty of exhibitors, health screenings and entertainment and dancing throughout the mall. Enjoy shopping at all your favorite stores then indulge in some fine cuisine at the restaurant of your choice. The bus will leave the center at 10:00a.m. and return for 3:00 p.m. Call the center at 272-7474 to make your reservation!

Only \$5 for transportation.



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Cracker Barrel and Wrentham Village

Premium Outlets

Thursday, May 19, 2016

Bus leaves at 11:00 a.m.

Once again we will be heading to a favorite spot, lunch at Cracker Barrel followed by the best shopping around! Cracker Barrel offers a wide variety of menu selections for you to choose from! Then stroll through over 100 stores featuring designer fashions, shoes, leather and luggage, accessories and jewelry and more! Cost for the bus is \$5 and lunch and shopping is on your own.

Call 272-7474 to reserve your spot.



Mayor Elorza at Da Vinci Center Announces 3-1-1 Hotline

During a visit at the Da Vinci Center in March, Mayor Elorza shared with our community his launching of a **3-1-1 Hotline and PVD mobile application** to make it easier for residents to request city services in Providence.

Mayor Elorza stated residents can dial 3-1-1 from their land line or cell phone and that it is an “effort to make local government more open, accountable, and responsive. Whether you need to report a pothole or request trash pickup, I encourage residents to utilize these new tools.” Representatives will respond to non-emergency calls during business hours but residents can leave a message during off-hours.

Membership Renewal Form

Remember that January 1st starts a new membership year at the Da Vinci Center. Just \$10.00 per year entitles you to reduced rates for special functions and trips.

Please fill out the form below and mail it in with a ten dollar check made out to the Da Vinci Center.

Name : _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone Number: _____

Email: _____

Thank you!

Mail to:

Da Vinci Center
470 Charles Street
Providence, RI 02904

Celebrations

Mothers Day

On Wednesday, May 4, 2016 come join us as we celebrate Mothers Day beginning at noon. We will have live music to listen to and will honor all the wonderful Mothers as well as those who have filled the role of a Mother to someone in need.



God gives us everything,
His wisdom strength and love
He also gave us Moms,
Let us thank the stars above!

We will have a pretty red rose for all women present. Please call 272-7474 for reservations.



Cinco De Mayo Celebration!

Thursday, May 5th

Cinco De Mayo is a celebration of Mexico's victory in the battle at Puebla on May 5th, 1862 during the Franco-Mexican war. So let us celebrate!! Come to our noon meal to celebrate with us and listen to Mariachi Music!



Nonagenarian Celebration

Wednesday, May 25th

We will be honoring all of our exceptional elderly persons here at the Center on Wednesday, May 25th at noon. As we celebrate the generation of those 90 and over let us pray for their continued health and gifts of wit and wisdom! If you or anyone you know is 90 or more please join us for this extraordinary celebration and share with us your "secrets" to a life of fulfillment and longevity. Don't miss out!

Call the center at 272-7474 and reserve your spot!



Health & Fitness

Chair Yoga Classes

Join us for fun and fitness every Thursday from 1:00-2:00 p.m. with expert yoga instructor Jan Silvestri. She will ease you into mild stretching and moving of your joints while sitting in your chair. Yoga assists in arthritis prevention and eases pain.

Feel free to drop in, classes are only **\$1.00**



The Walking Club Begins!

Starting Friday, April 1st, the Walking Club will meet at the Da Vinci Center at 9:30 to walk for an hour. Join us every Monday, Wednesday and Friday for exercise, fun and friendship.



Healthy Homemade Granola Recipe

4 C. Old Fashioned Oats	1/2-1 TSP. cinnamon
1/2 C. shredded coconut	1/4 TSP nutmeg
1/4 C. wheat germ	3/4 C. honey
1/4 C. unsalted sunflower seeds	Craisins, nuts, whatever variety you like

Heat oven to 350 and spread coconut onto cookie sheet lined with parchment paper. Bake a few minutes until toasted. Reduce oven to 300, line 1-2 baking sheets with parchment. In large bowl toss all ingredients, you can add a little coconut oil if you like for added coconut flavor. Spread all on baking sheets and bake for appx. 20 minutes or until golden. Cool, break into pieces and enjoy!! The beauty of this recipe is you can add what ever nuts and dried fruit you like! Try it with dried blueberries too!

Meal News

We ask that you do the following:

- 1 Call in your reservation at least 24 hours ahead of time. If at all possible, give us your reservations for the whole week ahead.
- 2 Tell us your choice on the menu of regular meal or sandwich.
- 3 Inform us as to whether or not you would like transportation.
- 4 Please call in your cancellations also since we do not want to have waste and also because we may be able to



God Bless Our Seniors!

Blessings of Passover
Happy Mothers Day
Celebrate Cinco de Mayo
Happy Memorial Day



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Lectures

Calling All Veterans.....

And friends of veterans who would like to hear about many benefits due to veterans but are seldom used because you don't know about them. On **Wednesday, April 20th at 11:30** Lou Stanziale of Rhode Island Veterans Corps will be here to help navigate benefits and services that can be confusing. RI Vet Corps provides information and referrals to veterans and their families. Whether you have questions about social services, the VA, or local programs, they can help. Benefit navigators will work with you, step-by-step, to get your questions answered and help you access available benefits and services. All services are free.



Senior Fraud Presentation

Department of the Attorney General
Wednesday May 11th, @ 11:30 a.m.

Statistics show that seniors, especially over the age of 65, are targets for con artists and they continue to get more cunning in their ways. Learn how to avoid being a victim! Maria Pagliaro from the Attorney Generals office will discuss telemarketing fraud, charitable solicitations, advance -fee scams, identity theft and bogus check schemes. This will be followed by a question and answer session.

Gambling; When Does it Become a Problem?

Wednesday, April 13th at 11:30 a.m.

Tawny Solmere , a nationally certified gambling counselor from CODAC will come speak to us about Gambling. From scratch tickets, lottery tickets and on-line gambling to betting on sporting events there are endless opportunities to gamble. Tawny will speak about the acceptability of gambling in our culture, "get rich quick" to obtain the American Dream, incident rates and risk factors, how to detect problem gambling vs. recreational and prevention and harm reduction. Tawny will leave plenty of time for questions, concerns and make herself available if you would like to speak to her on a personal note.



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Classes & Clubs

Driver Safety Class

AARP Driver Safety Class will be held here at the Da Vinci Center on Friday, April 15 from 9:00 a.m. - 3p.m.. The class is a review of road and highway safety which all of us need to brush up on from time to time. **In some cases your Insurance company will offer you a reduction in auto insurance rate for attending this course.** Make your reservation by calling the Da Vinci Center at 272-7474. The cost is \$15 for AARP members and \$20 for non-members.



Free Art Classes for Beginners

The art class taught by Ron Reeves , an accomplished artist, has been a great success. Those who never picked up a brush are creating beauty they never dreamed they could accomplish. Join them as we continue the classes on Tuesday afternoons at 1:00 p.m..



Beginners Computer Classes

Our computer classes are held on Tuesdays from 4:00-5:15 p.m. Please call the center to find out when the next session begins and to reserve your spot!!

Parla Italiano!! Speak Italian!!

Instructor Joseph Giampaoli teaches Italian for beginners every **Wednesday from 3:30p.m. to 4:30p.m.** Instructions include conversation, cultural notes, and some entertaining anecdotes from his many years of traveling and living in Italy. It's Free! Come on in!

Waterfire Art & Soul of a City

Waterfire is a unique experience created in Providence by Barnaby Evans under the administration of the late Mayor Vincent Cianci. It has now become world famous with exhibits as far away as Rome and Singapore.

Come join us on Friday April 22 at 1:00 p.m. when we show the one hour documentary “Waterfire-Art & Soul of a City” by Barnaby Evans and Joe Rocco which tells the compelling story of Waterfire, one of the worlds most compelling and popular nighttime experiences. See how it was inspired, how it is put together and see rare and unseen video of Waterfire International in Rome and Singapore as well as clips in other U.S/ cities. It all started right here in Providence. Come share the knowledge, share the pride and share the experience. It is free and open to all ages.

Free refreshments will be served.

The Waterfire schedule should be available by late April. You can call their office at 401-273-1155 or go to www.waterfire.org for up to date schedules and information.

Meal Survey-Please Give us your Feedback

Have you ever attended a noon meal at the Da Vinci Center?

(Circle One) YES NO

If YES; How did you like the food? _____

How did you like the atmosphere? _____

How can we make it better? _____

Will you come again? _____

If NO; Why haven't you attended? _____

What can we do to attract you? _____

Comments? _____

Please drop this off or mail to : The Da Vinci Center
470 Charles St.
Providence, RI 02904

Don't Forget.....



Memorial Day

Monday, May 30th

**Our center will be closed on Memorial Day.
Let us remember our loved ones who have gone on to their
eternal reward. Have a safe and healthy day !**

Voter Photo Identification Service

Wednesday, April 6th

The R.I. Secretary of State office has been gracious enough to make it convenient for you to obtain a photo ID for voting. Everyone needs a photo ID in order to vote, therefore on Wednesday, April 6th from 11:00a.m. to 2:00 p.m. a representative of the Secretary of State office will be here to take your photo and prepare your ID card while you wait. This service is free and no appointment is necessary. You may also register to vote at this time or make changes to your current registration. **Accepted forms of ID to obtain a photo ID are a government issued document, utility bill, bank statement, lease or rental statement, property tax statement or vehicle registration.** If you have any questions regarding the type of ID you have available to bring call us at 272-7474.



Presidential Primary Your Vote Counts!!!

Our center will be transformed into a voting destination on **Tuesday, April 26th** from 7 a.m to 8 p.m.. Please come by, cast your vote and make a difference for our country. Remember that you are fortunate to live in a country where you can choose your leaders. Get out and vote or don't complain if someone who doesn't share your values gets elected.

Don't forget to bring your photo ID.